

## Everybody Benefits.

For many people,  
Orgran means confidence.

Coeliacs, Diabetics, Vegetarians and Vegans along with those suffering IBS, allergies and intolerances depend on Orgran to produce natural foods.

Orgran products are free from artificial colours, flavours and preservatives.

Orgran products provide a simple holistic approach to better health and wellbeing. Orgran is endorsed by many health officials, nutritionists and dieticians.



*Every Taste  
Every Body  
Every Day*

Orgran produces a comprehensive range of natural gluten free foods and exports to over 50 countries worldwide.

Orgran products are gluten free, wheat free, dairy free, egg free, yeast free and vegan.

Orgran products are certified under the Allergen Free International (A.F.I) standards that ensure food products are made under strict manufacturing conditions, ensuring product purity, free from cross contamination, from common food allergens such as gluten, dairy and animal derivatives.



*Every Taste  
Every Body  
Every Day*



**Gluten free • Wheat free • Dairy free  
• Egg free • Yeast free • Vegan**

## Why Choose Orgran?

Orgran has been making it easy to enjoy Great Inner Health for more than 50 years.

Orgran products are gluten free, wheat free, dairy free, egg free, yeast free and vegan.

Orgran's extensive range makes it easy to enjoy a balanced diet with foods that are recognised for their purity, dietary variation and great taste.

Orgran's reputation as an innovative and trusted producer of nutritious, natural, gluten free foods illustrates a commitment to better health and wellbeing.



## Want To Know More?

Visit [www.organ.com](http://www.organ.com)

- An extensive collection of tried and true gluten free recipes you can share with friends and relatives are available for free
- Let the Kids play on our website within the KIDS section. Orgran Kids is a fun feature on our website with games and colouring in
- Cooking tips and suggestions
- Subscribe to our online newsletter
- General information on dietary needs and issues affecting athletes, vegetarians, coeliacs and those suffering IBS, intolerances and allergies, diabetes and autism

Orgran is the trusted name in foods for better health and wellbeing. Orgran is one of the few production plants in the world totally dedicated to the development and production of healthy and nutritious gluten free foods.

In today's society, consumers are becoming increasingly aware of consuming a diet that is healthy, nutritious and individual to their needs. Orgran products have been developed with your wellbeing in mind and are based on only natural ingredients for people who demand a healthier lifestyle.

For people on special diets it is an easy and convenient choice without having to look through complex ingredient listings. The easy to read panel on product packaging is provided to assist choice.





## Premium

Orgran premium range is perfect for entertaining with the finest of specialty gourmet foods. Share them or enjoy them all yourself.

Indulge with finesse and enjoy the taste sensation with the assurance of wholesome goodness.

Perfect for the food connoisseur.



## Essential Fibre

Orgran Essential Fibre range means that it has never been easier or more delicious to add fibre to your diet.

Our nutritionists have created an exciting range of high fibre foods necessary for better health and wellbeing.

The Essential fibre range includes pasta, crispbreads and biscuits.

It's the great taste you'll love and the inner health your body will appreciate.



## SuperGrains

Orgran SuperGrains range brings back the nutritional powers of ancient times.

Supergrains such as Quinoa and Amaranth known for their superior nutritional qualities are incorporated within products in the range.

These grains offer superior nutrition compared to mainstream modern grains.

Orgran supergrains are nothing short of superfoods.



## Kids

The exciting range of treats and lunch box snacks is designed to taste great and reassure parents that the products also offer nutritional benefits.

Added fibre, non dairy calcium and complex carbohydrates are some of the features in products within the range. Orgran Kids products are nut free, soy free, gluten free and dairy free.

Orgran Kids is great for kids and easy for parents.



## Good For You

Orgran good for you range includes many family favourites such as pasta, cereals, snacks, crispbreads, biscuits and cooking products to enhance your favourite dishes.

Each product in this range boasts natural goodness, nutrition and flavour without the addition of artificial colours, flavours or preservatives.

Good for you products are also Gluten Free, Wheat Free, Dairy Free, Egg Free, Yeast Free & Vegan.

Orgran health foods with nutritious qualities are wholesome and will do the whole family a lot of good.



## Gluten Free

A gluten free diet does not have to be flavour free.

All over the world, people depend on Orgran for gluten free products that assist with great inner health. Our comprehensive range means you can have your cake and eat it too.

These foods are easier to digest when compared to wheat products and are all Wheat free, Dairy free, Egg free, Yeast free and Vegan.

This assists consumers to enjoy nutritious pure foods that are also free from other potential allergens without the need to decipher product labels.

